

Adverbs of frequency

Adverbs of frequency show you how often something happens. This can be always = 100%, or never = 0%, with the rest distributed in between roughly like this:

Always, usually, regularly, normally, often, sometimes, occasionally, rarely, seldom, never

These adverbs can go before the main verb and after an auxiliary or anomalous finite verb.

Examples: I **always** get up at 6.45.

Peter can **usually** play football on Sundays.

Mandy has **sometimes** got lots of homework.

Susan is **never** late for school.

The adverbs often, usually, sometimes and occasionally can go at the beginning of a sentence.

Examples: **Sometimes** I go swimming.

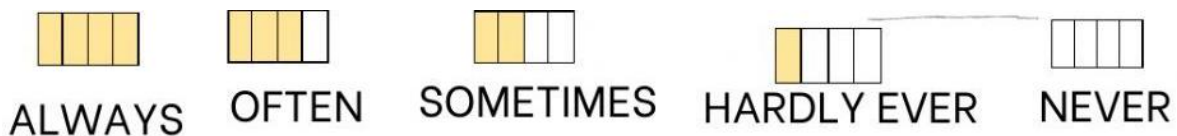
Often we surf the internet.

Sometimes these adverbs can go at the end of a sentence.

Examples: We read books **occasionally**.

The children visit their grandparents **regularly**.

Exercises:



WRITE ABOUT YOU



How often do you go to school by bicycle?

I _____ go to school by bicycle.



How often do you drink water?

I _____ drink water.



How often do you go to the park?

I _____ go to the park.



How often do you do your homework?
I_____do my homework.



How often do you read a book?
I_____read a book.



How often do you see helicopters in the sky?
I_____see helicopters in the sky.



How often do you wash your hand?
I_____wash my hand.



How often do you run?
I_____run.
